

SMALL BITES

MARKET HUMMUS crudité / flatbread / pickled vegetables / spiced nuts / tzatziki	12
ROOT VEGETABLE PANCAKE root vegetables / pesto / apple chutney	8
LETTUCE CUP butter lettuce / tofu / mushroom / cashew / cucumber / carrot / cilantro	10
HOUSE FLATBREAD winter squash / chèvre / arugula / walnuts / maple	9

SOUP

ask your server about today's house made soup selections 4 / 7

SALADS

add grilled chicken 5 | grilled salmon 7

AVOCADO CAESAR romaine / kale / avocado / crispy capers / chickpeas / parmesan	10
GREAT GRAINS SALAD house greens / farro / apple / jicama / cranberry / feta / pistachio / citrus vinaigrette	10
WINTER GREENS beet / pear / caramelized onion / walnuts / chèvre / white balsamic maple vinaigrette	10

BOWLS

all bowls are served over organic brown rice blend

BUDDHA BOWL wok seared veggies / crispy tofu / spicy peanut sauce	12
POKE BOWL ahi tuna / citrus ponzu / cucumber / edamame / carrot / radish / cabbage / avocado	14
KATANA BOWL chicken / assorted veggies / whole fruit teriyaki sauce / sesame / scallion	12

BIG BITES

TACOS choice of chicken, steak or jackfruit / charred tomatillo / daikon slaw / pickled onions / avocado	14
GRILLED WILD SALMON coconut cilantro rice / baby bok choy / roasted mushrooms	18
SPAGHETTI SQUASH CASSEROLE zucchini / caramelized onions / mushrooms / spinach / romesco / chèvre	13
BURGER SHE WROTE turkey / house teriyaki / pineapple chutney / grilled red onion / swiss / mother's love	14
ROASTED CHICKEN herb mustard rub / creamy polenta / spinach / grilled lemon / feta	17